

December 2023



Ne-Chee Friendship Centre

Little Spirit Moon
MANIDOO-GIIZISOONS

“Serving Indigenous people in the City of Kenora for 47 Years”

The Red Eagle

Ne-Chee Friendship Centre Newsletter

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The Thirteenth Moon of Creation also known as: Blue Moon, Hoar Frost Moon, Snow Moon, and Long Night Moon. It's purpose is to purify us, and to heal all of Creation, a process which may take a three month long spiritual journey. During this time, we receive instructions on the healing powers of the universe and transform into our own vision of the truth.

December 21, 2023 is the Winter Solstice, this is the shortest day of the year in the Northern Hemisphere. Many cultures celebrate with Traditional Story Telling, Feasts, Dances and Ceremonies, others make wreaths and yule logs. The Solstice is a reminder of our connection to the universe and where we are in it.

Things to Remember



NFC will be CLOSED on December 22nd for a Staff Event.

We will be operating on a skeleton crew basis taking phone calls ONLY from December 27, 2023 to January 5, 2024.

Please note the following dates we will NOT have anyone answering the phones—Dec. 25, 26 & Jan. 1st.





EVE CAPRI

DRUG EDUCATION & LIVING WORKER (DEAL)

Eve was hired as our Drug Education & Living Worker (DEAL) on October 12, 2022 . She works directly out of the Kenora District Jail where she provides supports and services to the inmates.

Eve has many attributes.....devoted, genuine, patient, sincere, and flexible just to name a few.

We do not see Eve very often except for meetings and events due to her workdays being done at the Kenora Jail, however we know she is doing great work there.

Eve is an awesome seamstress, and we have witnessed her talents firsthand when she assisted our staff in making ribbon skirts. She has also been able to utilize her sewing talents in assisting females at the Jail in making ribbon skirts and other items.

Thank you, Eve, for the dedication you have shown to those that you provide services to and to Ne-Chee Friendship Centre as a whole. Miigwetch!!

Patti Fairfield, Executive Director

Hi, my name is Eve! I started working at the Kenora District Jail under Ne-Chee's Drug Education and Living (DEAL) program in October of 2022. I graduated with a Bachelor of Arts with Honours in Criminology and Criminal Justice with a concentration in Law from Carleton University in April of 2022. I thought the DEAL program would be perfect for me as a recent graduate to use the knowledge I learned over the last four years. Little did I know that I would also be able to use my hobbies in my job as well and create beautiful ribbon skirts and other items with inmates. When I'm not at work, I enjoy fishing, tambour beading, designing, sewing, and selling my handmade clothing. In the winter, I downhill ski and in the summer, I play ladies slow-pitch.

Favourite food: Probably Greek Lemon Soup or Sushi.

Bucket List: Paris Fashion Week, Wacken Open Air or Heli Skiing.

Favourite Movie: I don't watch movies, but the Brave Little Toaster is a childhood fav!

Favourite Book: The City of Ember – Jeanne DuPrau.



Ne-Nechee Friendship Centre



Indigenous
WINTER
Market



**ART
CRAFTS
HANDMADE
HOMEMADE
TREATS**



DECEMBER 16.23
11AM - 3PM
300 MCLELLAN AVE

To Book A Table:
Julian Jordan
468-5440 x225
cultural@nechee.org

USE MATHESON ST. ENTRANCE
DONATIONS COLLECTED @ DOOR FOR LOCAL CHARITY



Ne-Chee Friendship Centre

NE-CHEE FRIENDSHIP CENTRE

W E L C O M E S E V E R Y O N E T O O U R A N N U A L

Community Christmas Dinner

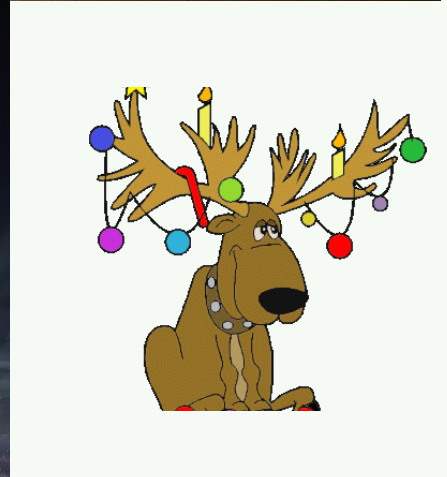
December 20, 2023 @4:30pm

300 McLellan Ave-Use Matheson Street Entrance

Transportation not provided

For more information call 807-468-5440

On behalf of all the NFC staff we would like to once again send out a huge THANK YOU to Grant Haney, from Haney Construction for letting us use one of his trailers and generators for our Xmas Float. Miigwetch!!





WHIPPED SHORTBREAD COOKIES

Ingredients:

- 1 cup unsalted butter—softened
- $\frac{3}{4}$ cup powdered sugar (plus additional for imprinting cookies)
- 1 teaspoon vanilla extract
- $\frac{3}{4}$ teaspoon table salt
- 2 cups all purpose flour
- 2 tablespoons cornstarch

Optional: cherries, sprinkles, icing



1. Preheat oven to 325F (165C) and line a baking sheet with parchment paper. Set aside.
2. Combine butter & powdered sugar in a large mixing bowl and use an electric hand mixer and beat on medium-high-speed until lightened in colour, fluffy, and creamy (about 5 minutes)
3. Add vanilla extract and salt. Stir until combined.
4. In a separate bowl, whisk together flour and cornstarch.
5. Turn mixer speed to medium-low and gradually add flour, stirring until just combined.
6. Scoop dough into tablespoon sized scoops and briefly roll between your palms to make smooth balls. Place on cooking sheet, spacing about 1-2 inches apart.
7. Use a fork to gently, slightly flatten each cookie.
8. Sprinkle cookies or add cherries or icing (optional)
9. Put in oven at 325 and bake for about 12 minutes. Cookies will still be light in colour when finished baking. Allow to cool completely on baking sheet before removing.

Staff Directory



For details about current job postings please visit us at www.nechee.org or find us on our facebook

COURT WORKERS Courthouse # 468-9657

Brianna Boucha	Criminal Courtworker	criminalcourtwork@nechee.org	
Elaine Kewaquom	Criminal Courtworker	criminalcourtwork2@nechee.org	

JAIL WORKERS Jail # 468-2871

Eve Capri	Drug, Education & Living Worker	Kenora.DEAL@ontario.ca (468-2871) ext 327	
Vacant (position posted)	Native Inmate Liaison Officer	Kenora-Nilo@ontario.ca (468-2871) ext 301	
Vacant (position posted)	Native Inmate Liaison Officer	Kenora2-Nilo@ontario.ca	

JUSTICE PROGRAMS NFC # 468-5440

Trish Therrien	Indigenous Community Justice	communityjustice@nechee.org(464-4371)	Ext. 220
Trish Therrien	Restorative Justice Liaison	RJLiaison@nechee.org (464-0069)	Ext. 220
Robert Laurin	Kizhaay Anishinaabe Niin Coordinator	kizhaayniin@nechee.org	Ext. 246
Loy Herbacz	Case Manager at Kenora Justice Centre	casemanagerKJC@nechee.org (cell 464-5849 or 470-8222)	

BAIL RESIDENCY & BAIL VERIFICATION AND SUPERVISION # 468-4619

Aden Zacharuk-Lessing	Interim BRP & BVSP Manager	managerassistant@nechee.org (464-3000)	
Cass King	Bail Supervision Case Manager	bailcasemanager@nechee.org(464-1854)	
Erin Redsky	Bail Residency Worker	Shared Work Email bailaftercareworker@nechee.org	
Marla Batiuk	Bail Residency Worker		
Paxton Gray	Bail Residency Worker		
Marcus McArthur	Bail Residency Worker		
Drew Roseborough	Bail Residency Worker		
Douglas Kardal	Bail Residency Worker		
Deanna Beckworth	Bail Residency Worker		
Andrew Jamieson	Bail Residency Cook/Life Skills		lifskills@nechee.org

HEALTH PROGRAMS NFC # 468-5440

Carolyn Rodger	Lifelong Care Program	lifelongcare@nechee.org (407-1443)	Ext. 228
Tamsen Unrau	Lifelong Care Program	lifelongcare2@nechee.org (407-1442)	Ext. 227
Theresa Jamieson (on leave)	Indigenous Healing & Wellness Program	healingandwellness@nechee.org	Ext. 226
Julian Jordan	Cultural Resource Program	cultural@nechee.org	Ext. 225
Calisha Wilcott	Urban Aboriginal Healthy Living	uahl@nechee.org (464-0386)	

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CHILDREN and YOUTH PROGRAMS NFC # 468-5440

Calisha Wilcott/until filled	Akwe:go Children's Program	akwego2@nechee.org (464-0386)	
Savannah Morrison	Indigenous EarlyON Program	earlyon@nechee.org	Ext. 235
Lauren Hansen	EarlyON Sioux Narrows/Nestor Falls	earlyonsn@nechee.org (807) 276-4425	
Sunny Copenace	Family Support Program Coordinator	familysupport@nechee.org	Ext. 236
Ashlynn Surovy	Indigenous Healthy Babies Program	healthybabies@nechee.org	Ext. 237
Vacant (position posted)	Wasa-Nabin Youth Program	wasanabin@nechee.org	
Vacant (position posted)	Youth Life Promotion Program	youthlife@nechee.org	

EMPLOYMENT and EDUCATION NFC # 468-5440

Dorothy Kraynyk	Indigenous Employment & Training Serv.	employmentcounsellor@nechee.org	Ext. 248
Vacant (position posted)	Indigenous Employment & Training Serv.	employmentcounsellor2@nechee.org	
Becky Gartner	Indigenous Student Success Program	education@nechee.org (464-2163)	

ADMINISTRATION NFC #468-5440

Patti Fairfield	Executive Director	aces@nechee.org (807) 407-2482	
Brianna Boucha	Human Resources (807) 464-1394	criminalcourtwork@nechee.org	Ext. 222
Aurea Dufresne-Fedus	Finance	finance@nechee.org	Ext. 224
Crystal Page	Office Administrator	OfficeAdmin@nechee.org	Ext. 223
Lisa Savoyard & Kathy Friesen	Administrative Assistant	reception@nechee.org	Ext. 221

BOARD OF DIRECTORS

Ramona Sawatzky	Chair	Board Email: bod@nechee.org	
Jordan St. Germain	Vice Chair		
Brandy Armer	Secretary/Treasurer		
Marlene Elder	Board Member		

Our Mission

Ne-Chee Friendship Centre will provide a safe, caring and culturally respectful approach to wholistic health while inspiring a sense of community for all Indigenous People of Kenora.