

"Serving Indigenous people in the City of Kenora for 47 Years"

The Red Eagle

Ne-Chee Friendship Centre Newsletter

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Kenora, ON P9N 1G5





Zhashagi (Heron)

The Great Blue Heron is considered a very good omen. The tales of Heron center around its ability to stand on its own two feet and can wait forever to reach its goals; when all others give up and leave, the Heron remains steadfast to complete their tasks. The Great Blue Heron can be called on when forging a new path in your personal or spiritual life. The Blue Heron speaks to the importance of patience and watchfulness, knowing when the right opportunity arrives and not being impulsive or in a hurry to get what you really want. When you work with the Blue Heron you are calling on your ability to embrace stillness and to have faith in the process playing out without your intervention. The Heron represents grace, purity, and patience.

THINGS TO REMEMBER



June 21st

OFFICE CLOSED FOR

National Indigenous People's Day

Please join us at the Rec Centre on this day see poster on Page 4 for details











JESSE KELLAR

BAIL RESIDENCY WORKER

Jesse has been employed with the Bail Residency Program as a fulltime employee since July 2021. When I first became manager, Jesse was always eager to assist me in any way he could, offering ideas and input to better the program and our residents experiences during their time with us. Jess's unique approach to different situations has assisted him in forming positive relationships with the residents and his colleagues alike. I look forward to watching Jesse continue to grow in this position.

Kylie Neniska, Bail Residency Program Manager

A few fun facts from Jesse

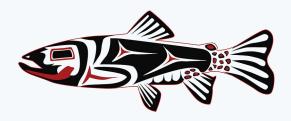
Hobbies: Some of my hobbies include: Playing music with friends (guitar and bongos), writing short stories, taking long summer hikes

Favourite Quote: It's not easy being green. When green is all there is to be. It could make you wonder why. Why wonder, why wonder, why wonder? I'm green, and that'll do just fine.
~Kermit the Frog~

Favourite Food: Frog Legs

Bucket List: Learn to play the violin

Favourite song: Manifest by Andrew Bird



Program Announcements





LIFELONG CARE PROGRAM

Is looking for new clients to join us!

About Our Program: Lifelong Care provides programming & advocacy

for Indigenous people of all ages who have physical disabilities, serious health issues, those who are frail/elderly or looking for socialization

Programming Includes:

- Weekly exercises/ crafts/bingos with lunch
- Outdoor seasonal activities
- Assistance with medical appointments
- Transportation
- Referrals to access communitybased services
- Nutritional support
- Family support
- Friendly visits

Please contact one of our Coordinators if you are interested or know someone who would benefit being a part of our program.



CONTACT LLC COORDINATORS (807) 468-5440

Tamsen ext. 227 Carolyn ext. 228



Ne-Chee Friendship Centre ANNUAL GENERAL MEETING

If interested in becoming a member please email $\frac{aces@nechee.org}{aces@nechee.org}$ to request a membership form.

- → In order to have voting rights at the AGM, membership needs to be approved 30 days in advance
- → Youth (non-voting) position
- → You must reside off reserve and live in Kenora or surrounding area to be a member copy of By-Laws available upon request

JUNE 19, 2023 @ 5:00 PM 326 Second Street South Door beside the Movie Theatre



For more information please email: aces @nechee.org

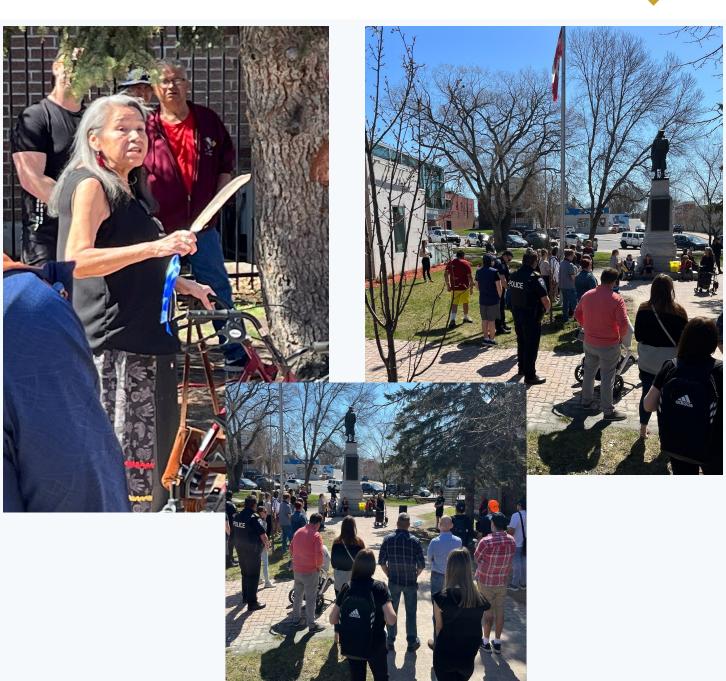


Moose Hide Walk

The Moose Hide Campaign began as a BC-born Indigenous-led grassroots movement to engage men and boys in ending violence towards women and children. It has since grown into a nationwide movement. May 11th marked our area's 1st Moosehide Walk, which was a big success.

Pictured below is Elder Cathy Lindsey who opened the event. She emphasized the importance of men standing up against violence towards women and children and that the work shouldn't stop.





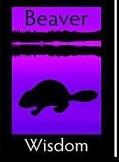
Lifelong Care

Lifelong Care clients were joined by the Bail Residents where they learned about the *Seven Grandfather Teachings*. Julian Jordan, NFC's Cultural Resource Coordinator was the workshop facilitator. Julian also held a workshop for the LLC clients who wanted to make drumsticks. Both workshops were a success and a big thank you to Julian for sharing his time and knowledge.



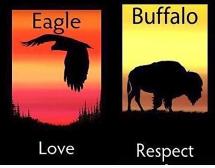
















"The Great Blue Heron"

Permission to reprint granted by the Artist & Illustrator **Hawlii Pichette**To learn more about the Artist and her works please visit www.urbaniskwew.com



Staff Directory



For details about current job postings please visit us at www.nechee.org or find us on our facebook

COURT WORKERS Courthouse # 468-9657 NFC # 468-5440 Ext 220				
Brianna Boucha	Criminal Courtworker	criminalcourtwork@nechee.org		
Open	Criminal Courtworker	criminalcourtwork2@nechee.org		
JAIL WORKERS Jail # 468-	2871			
Open	Native Inmate Liaison Officer	Kenora 2-Nilo@ontario.ca		
Theresa Jamieson (on leave until June 30th)	Native Inmate Liaison Officer	Kenora-Nilo@ontario.ca (468-2871) ext 301		
Eve Capri	Drug, Education & Living Worker	Kenora.DEAL@ontario.ca (468-2871) ext 327		
JUSTICE PROGRAMS NFC #	468-5440			
Trish Therrien	Indigenous Community Justice	communityjustice@nechee.org(464-4371)	Ext. 245	
Brianna Boucha	Restorative Justice Liaison	RJLiaison@nechee.org (464-0069)	Ext. 220	
Robert Laurin	Kizhaay Anishinaabe Niin Coordinator	kizhaayniin@nechee.org	Ext. 246	
Loy Herbacz	Case Manager at Kenora Justice Centre	casemanagerKJC@nechee.org (cell 464-5849 c	or 470-8222)	
BAIL RESIDENCY & BAIL VI	ERIFICATION AND SUPERVISION # 4	68-4619		
Kylie Ralko	BRP & BVSP Manager	bvsp@nechee.org (464-1908)		
Aden Zacharuk-Lessing	Manager Assistant/BVSP	managerassistant@nechee.org (464-3000)		
Cass King	Bail Supervision Case Manager	bailcasemanager@nechee.org(464-1854)		
Erin Redsky	Bail Residency Worker	bailaftercareworker@nechee.org		
Jesse Kellar	Bail Residency Worker	bailaftercareworker@nechee.org		
Marla Batiuk	Bail Residency Worker	bailaftercareworker@nechee.org		
Paxton Gray	Bail Residency Worker	bailaftercareworker@nechee.org		
Marcus McArthur	Bail Residency Worker	bailaftercareworker@nechee.org		
Clement Wetelainen	Bail Residency Worker	bailaftercareworker@nechee.org		
Paula Skead	Bail Residency Worker	bailaftercareworker@nechee.org		
Marlene Vandusen	Bail Residency Cook/Life Skills	lifeskills@nechee.org		
HEALTH PROGRAMS NFC # 4	468-5440			
Carolyn Rodger	Lifelong Care Program	lifelongcare@nechee.org (407-1443)	Ext. 228	
Tamsen Unrau	Lifelong Care Program	lifelongcare2@nechee.org (407-1442)	Ext. 227	
Open	Indigenous Healing & Wellness Program			
Julian Jordan	Cultural Resource Program	cultural@nechee.org	Ext. 225	
Calisha Wilcott	Urban Aboriginal Healthy Living	uahl@nechee.org	Ext. 230	

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CHILDREN and YOUTH PI	ROGRAMS NFC # 468-5440		
Calisha Wilcott/until filled	Akwe:go Children's Program	akwego2@nechee.org	Ext. 234
*Savannah Morrison	*Indigenous EarlyON Program	earlyon@nechee.org	Ext. 235
Indigenous Early	ON program will be run in partnership with Sur	nny Copenace & Ashlynne Surovy	
Lauren Hansen	EarlyON/Sioux Narrows/Nestor Falls	earlyonsn@nechee.org (807) 276-4425	
Sunny Copenace	Family Support Program Coordinator	familysupport@nechee.org	Ext. 236
Ashlynne Surovy	Indigenous Healthy Babies Program	healthybabies@nechee.org	Ext. 237
Sheri McNeill until June 23	Wasa-Nabin Youth Program	wasa-nabin@nechee.org	Ext. 230
Spencer Caruso	Youth Life Promotion Program	youthlife@nechee.org (807) 464-0482	Ext. 240
EMPLOYMENT and EDU	CATION NFC # 468-5440		
Dorothy Kraynyk	Indigenous Employment & Training Serv.	employmentcounsellor@nechee.org	Ext. 248
Sheri McNeill	Indigenous Employment & Training Serv.	employmentcounsellor2@nechee.org	Ext. 247
Becky Gartner	Indigenous Student Success Program	education@nechee.org	Ext. 231
ADMINISTRATION NFC #	468-5440		
Patti Fairfield	Executive Director	aces@nechee.org (807) 407-2482	Ext. 222
Aurea Dufresne-Fedus	Finance	finance@nechee.org	Ext. 224
Crystal Page	Office Administrator	OfficeAdmin@nechee.org	Ext. 223
Janet Shodin	Administrative Assistant	reception@nechee.org	Ext. 221
BOARD OF DIRECTORS			
Ramona Sawatzky	Chair	Board Email: bod@nechee.org	
Marlene Elder	Vice Chair		
Brandy Armer	Secretary/Treasurer		
lordan St.Germain	Board Member		

Vision Statement

To improve the quality of life for Indigenous People living in an urban environment by supporting self-determined activities which encourage equal access to and participation in Canadian Society and which respects Indigenous distinctiveness.