

## Ne-Chee Friendship Centre

Vision: To strengthen and support the lives of Indigenous People living in Kenora.

Mission: Ne-Chee Friendship Centre will provide a safe, caring and culturally respectful approach to wholistic health while inspiring a sense of community for all Indigenous People of Kenora.

Values: The seven Grandfather teachings: Love, Respect, Bravery, Truth, Honesty, Humility & Wisdom.

## CONTACT US TODAY

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## Indigenous Mental Health & Addiction Support Program



We provide culturally relevant mental health and addiction interventions and supports for Indigenous people. This program has an enhanced focus on vulnerable Indigenous women in conflict with the law.



## PROGRAM COMPONENTS



- Providing mental health, addiction and trauma recovery counselling, support services and life skill development to foster healing, holistic wellness recovery & to enhance safety for vulnerable individuals.
- Screening and assessment of individual needs, goal setting and referrals as needed.
- Case management including the development of individualized harm reduction plans, safety plans, and the connection to emergency supports when necessary.
- System navigation to meet the complex needs of the client.



- Completing client-directed referrals to local and culturally appropriate agencies, programs and services to meet the mental health, addiction, trauma and/or human trafficking concerns of the individual.
- Referrals made to Elders, Knowledge keepers, ceremonies and land-based healing.
- Working collaboratively with agencies and services to establish circles of care to improve outcomes for clients.

## Group Program:



- 8-week program available to Indigenous women who are in conflict with the law.
- Program incorporates the 7 Grandfather Teachings.
- Weekly sessions focus on mental health, addiction, trauma, healthy relationships, sexual exploitation, harm reduction, safety planning & community resources.

