

October 2022



“Serving Indigenous people in the City of Kenora for 45 years”

The Red Eagle

Ne-Chee Friendship Centre Newsletter

Falling Leaves Moon

BIINAAKWE-GIIZIS

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Email: reception@nechee.org

Website: www.nechee.org

Ne-Chee Friendship Centre:

326 2nd St. South

Kenora, ON P9N 1G5



Sha'ngabi'hanong -Spirit Keeper of the West.

October is mid autumn, this is where we reap the harvest both metaphorically and in the food we gather. The hope is the harvest will sustain you through the long sleep of winter until spring and new growth arrives. Additionally the west is home to the Thunder beings. They bring the rains that cleanse and nurture life. Perhaps gratitude for the clean, fresh water that you have in your life is in order at this time.

“Autumn shows us how beautiful it is to let things go”

THINGS TO REMEMBER



OFFICE CLOSURES
Monday October 3rd
In Recognition of Signing of Treaty #3
Monday October 10th
Thanksgiving Day



Join NFC for Trick or Trunk
Rideout Community Centre
October 31st 5:00pm—7:00pm





JANET SHODIN

ADMINISTRATIVE ASSISTANT/RECEPTION

Janet was hired November 17, 2020, as our Receptionist/Administrative Assistant. Janet was eager from the time she started this position to learn and gain knowledge about Ne-Chee Friendship Centre. With Janet's position being the first point of contact for anyone calling or coming into Ne-Chee she wanted to be able to answer questions/inquiries as best she could and to better direct people to the right staff person. Janet never hesitates to offer suggestions and ideas which we encourage our staff to do. Janet has many attributes...inventive, organized, responsible, and insightful, just to name a few. Janet has done a remarkable job on our Red Eagle Newsletter and if you haven't checked out our Monthly Newsletter, I would encourage you to do so. Thank you, Janet, for the strengths that you bring to our Ne-Chee family/team and to the Centre as a whole.

Patti Fairfield , Executive Director

Hi,

A little about myself, prior to working at NFC I was a nurse. After 21 years I knew it was time for me to step away from the profession. I'll try to keep this short as I can write forever and tend to be long winded. The friendship centre was a new experience for me and I've enjoyed learning about the programs and getting to know the staff. Working on our newsletter gives me plenty of opportunity to explore and learn about the Indigenous culture which I thoroughly enjoy. I am a mom to three, my daughter is a nurse, and then I have twin boys who are in grade 11, and they keep me on my toes! My husband is a millwright and we're going on 25 years, our favorite pastime is fishing and being out on the lake. I prefer tulips to roses, I love old movies, autumn is my favorite season, and I'm a homebody by nature.

Hobbies: Euchre/cards/board games, fishing, reading

Fave Quote: "Don't try to steer the river" ~Deepak Chopra~

Fave Movies: The Thin Man, The Spiral Staircase, Rear Window, Fatal Attraction, The Birdcage...

Fave Authors: Alice Hoffman, Stephen King, Elin Hilderbrand, Kristin Hannah, Nora Roberts



NE-CHEE FRIENDSHIP CENTRE

FALL FEAST

Where: Ne-Chee Friendship Centre, 326 2nd St. S

Door beside Movie Theatre

When: OCTOBER 5th, 2022

Time: Noon-1:30pm

EVERYONE WELCOME

NO TRANSPORTATION PROVIDED

FOR MORE INFORMATION CALL 468-5440



Ne-Chee Friendship Centre



Program Announcements



Ne-Chee Friendship Centre

Soup Days Every Thursday

Starting October 27th until March 30th
(With the exception of Nov 17, Dec 22, Dec 29.)

NFC Event Space, 326 2nd St. S
Door beside the Movie Theatre

From Noon-1:00pm

EVERYONE WELCOME



Northwestern Ontario
Métis Child &
Family Services

Ne-Chee Friendship Centre

Métis Nation
of Ontario

KENORA MÉTIS COUNCIL

Join our partners in celebrating a free

MÉTIS Fall Harvest

FISH FRY • INFORMATIONAL DISPLAYS • KIDS KORNER
KENORA MÉTIS COUNCIL AGM @ 2PM

SATURDAY OCTOBER 1, 2022

Dinner @ 5PM | Limited Seating

NWO Métis Child & Family Services
1301 Railroad St, Kenora



Contest Time!!!



Indigenous Employment
&
Training Services
space is getting a makeover!!!

We are looking for art work for our walls
designed by **YOU** that pertain to our
program.

Submissions can be emailed to
youthemployment@nechee.org
or you can drop off at Ne-Chee Friendship Centre.

There will be prizes for 1st, 2nd, and 3rd place,
top three will be on display. All other submissions
will be put in a book for visitors to view.



Deadline to drop off your art work will be
Friday October 28, 2022




Sisters in Spirit Vigil

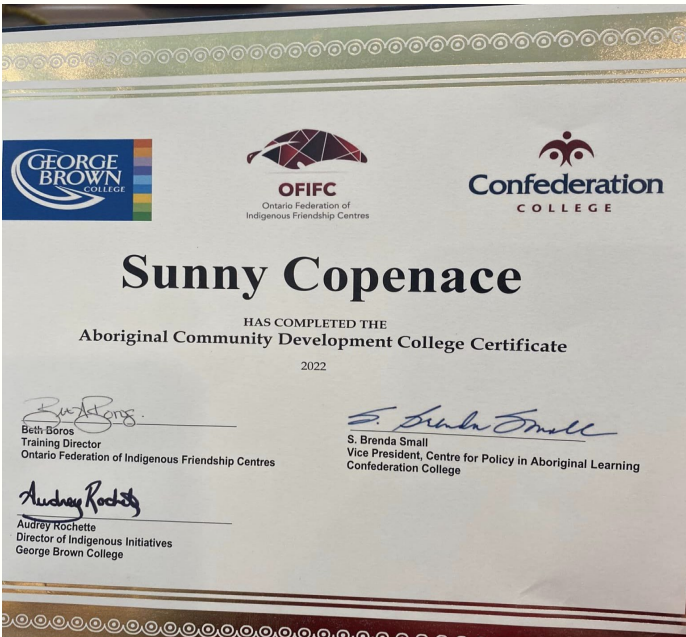
HONOURING OUR MISSING & MURDERED
INDIGENOUS WOMEN, GIRLS, & 2SLGBTQ+

OCTOBER 4, 2022
5:30-7:30PM
ONWA Office - 136 Main St S, Kenora
Dinner provided. Wear red.

Questions? Contact Pam
prittau@onwa.ca 807-623-3442 ext. 1152



Staff Achievement



The NFC Board of Directors, Management, and Staff, would like to congratulate Sunny Copenace, our Aboriginal Family Support Coordinator, for achieving the Indigenous Community Development College Certificate offered by OFIFC. Pictured above on the left is Sunny Copenace and on the right is our Executive Director, Patti Fairfield.

Youth Life Promotion Program

Over the summer our Youth Life Promotion Program ran intermittent summer drop-in days at our Green Adventures location. The Ne-Chee Friendship Centre has two Paddle Canada Instructors which allowed us to get quite a few participants through the training.

We would like to thank our partners that made many of our summer activities possible, Beaver Brae Secondary School, Ogimaa Binesiiyog Youth Rangers, Green Adventures, Grand Council Treaty #3, and Kenora Chiefs Advisory.



Indigenous Healing & Wellness Program

Those who participated in the Traditional Foods Cooking Class enjoyed preparing and eating; Pickled Red Onions, Bison Burgers with Brie and Blueberry Sauce, and a Wild Rice Blueberry Salad. Thank you to Calisha our Urban Aboriginal Healthy Living Coordinator for teaching us about nutrition, and to Ashlyne our Healthy Babies Coordinator for providing extra help.



Community Event

Emily O'Connor, our Healing & Wellness Coordinator, along with Sheri McNeill one of our Employment Counsellors participated in the annual Take Back The Night march. This march started back in 1976, it's goal is to bring awareness to sexual violence.

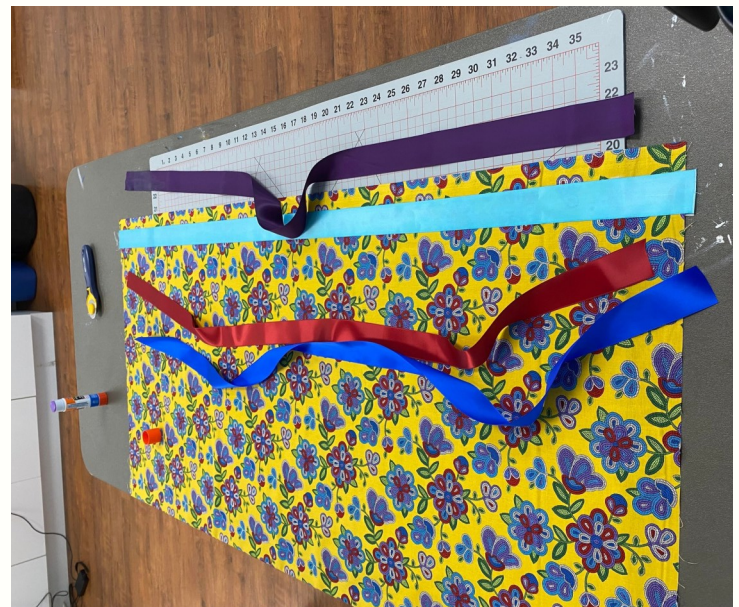
Kenora Sexual Assault Crisis Line is open 24 hours/7 days a week 1-800-565-6161



Spirit of Hope

Recently the Ne-Chee Friendship Centre partnered with Treaty Three Police Services, Maanaji'iwini Project, and, Kenora Chiefs Advisory to provide a Ribbon Skirt Making & Human Trafficking Awareness Workshop. Thank you to all the participants and staff that made this possible.

Canada Human Trafficking Hotline is open 24 hours/7 days a week 1-833-900-1010



Bail Residency Program

The Bail Residency Residents learned carpentry skills and put existing skills to good use. They built four picnic tables and two garden boxes. The residents started seedlings in the spring and moved them to the garden boxes. In our November issue we will feature recipes utilizing their harvest.



Staff Directory



Ne-Chee Friendship Centre

For details about current job postings please visit us at www.nechee.org or find us on our facebook

COURT WORKERS Courthouse # 468-9657 NFC # 468-5440 Ext 220

| | | | |
|----------------|----------------------|-------------------------------|--|
| Brianna Boucha | Criminal Courtworker | criminalcourtwork@nechee.org | |
| Open | Criminal Courtworker | criminalcourtwork2@nechee.org | |

JAIL WORKERS Jail # 468-2871

| | | | |
|------------------|---------------------------------|---|--|
| Open | Native Inmate Liaison Officer | Kenora2-Nilo@ontario.ca | |
| Theresa Jamieson | Native Inmate Liaison Officer | Kenora-Nilo@ontario.ca (468-2871) ext 315 | |
| Pending | Drug, Education & Living Worker | Kenora.DEAL@ontario.ca | |

JUSTICE PROGRAMS NFC # 468-5440

| | | | |
|----------------|--------------------------------------|---------------------------------|----------|
| Open | Indigenous Community Justice | communityjustice@nechee.org | Ext. 245 |
| Brianna Boucha | Restorative Justice Liaison | RJLiaison@nechee.org (464-0069) | Ext. 220 |
| Robert Laurin | Kizhaay Anishinaabe Niin Coordinator | kizhaayniin@nechee.org | Ext. 246 |

BAIL RESIDENCY & BAIL VERIFICATION AND SUPERVISION # 468-4619

| | | | |
|-----------------------|---------------------------------|---------------------------------------|--|
| Kylie Ralko | BRP Manager | bvsp@nechee.org (464-1908) | |
| Loy Herbacz | BVSP Coordinator/Team Lead | bailcoordinator@nechee.org (464-5849) | |
| Meagan Lacombe | Bail Supervision Case Manager | bailcasemanager@nechee.org(464-1854) | |
| Aden Zacharuk-Lessing | Bail Residency Worker | bailaftercareworker@nechee.org | |
| Cass King | Bail Residency Worker | bailaftercareworker@nechee.org | |
| Erin Redsky | Bail Residency Worker | bailaftercareworker@nechee.org | |
| Jesse Kellar | Bail Residency Worker | bailaftercareworker@nechee.org | |
| Anthony Hanstead | Bail Residency Worker | bailaftercareworker@nechee.org | |
| Paxton Gray | Bail Residency Worker | Bailaftercareworker@nechee.org | |
| Dylan Ricklef | Bail Residency Cook/Life Skills | lifeskills@nechee.org | |

HEALTH PROGRAMS NFC # 468-5440

| | | | |
|-----------------|--|-------------------------------------|----------|
| Carolyn Rodger | Lifelong Care Program | lifelongcare@nechee.org (407-1443) | Ext. 228 |
| Tamsen Unrau | Lifelong Care Program | lifelongcare2@nechee.org (407-1442) | Ext. 227 |
| Emily O'Connor | Indigenous Healing & Wellness Program | healingandwellness@nechee.org | Ext. 226 |
| Open | Cultural Resource Program | cultural@nechee.org | Ext. 225 |
| Calisha Wilcott | Urban Aboriginal Healthy Living | uahl@nechee.org | Ext. 230 |
| Kylie Ralko | Mental Health Peer Support Coordinator | bvsp@nechee.org (464-0585) | |

Staff Directory



Ne-Chee Friendship Centre

For details about current job postings please visit us at www.nechee.org or find us on our facebook page.

CHILDREN and YOUTH PROGRAMS NFC # 468-5440

| | | | |
|----------------|--|-------------------------------------|----------|
| Open | Akwe:go Children's Program | akwego2@nechee.org | Ext. 234 |
| Open | Indigenous EarlyON Program | earlyon@nechee.org | Ext. 235 |
| Lauren Hansen | EarlyON/Sioux Narrows/Nestor Falls | earlyonsn@nechee.org (807) 276-4425 | |
| Sunny Copenace | Family Support Program Coordinator | familysupport@nechee.org | Ext. 236 |
| Ashlynn Surovy | Indigenous Healthy Babies Program | healthybabies@nechee.org | Ext. 237 |
| Open | Indigenous Children's Wellness Program | icw@nechee.org | Ext. 238 |
| Dalaney Smith | Wasa-Nabin Youth Program | wasa-nabin@nechee.org | Ext. 230 |
| David Friesen | Youth Life Promotion Program | youthlife@nechee.org (807) 464-0482 | Ext. 240 |

EMPLOYMENT and EDUCATION NFC # 468-5440

| | | | |
|-----------------|--|---------------------------------|----------|
| Dorothy Kraynyk | Indigenous Employment & Training Serv. | employmentcounsellor@nechee.org | Ext. 248 |
| Sheri McNeill | Indigenous Employment & Training Serv. | youthemployment@nechee.org | Ext. 247 |
| Becky Gartner | Indigenous Student Success Program | education@nechee.org | Ext. 231 |

ADMINISTRATION NFC #468-5440

| | | | |
|----------------------|--------------------------|--------------------------------|----------|
| Patti Fairfield | Executive Director | aces@nechee.org (807) 407-2482 | Ext. 222 |
| Aurea Dufresne-Fedus | Finance | finance@nechee.org | Ext. 224 |
| Crystal Page | Office Administrator | OfficeAdmin@nechee.org | Ext. 223 |
| Janet Shodin | Administrative Assistant | reception@nechee.org | Ext. 221 |

BOARD OF DIRECTORS

| | | | |
|-----------------|---------------------|-----------------------------|--|
| Ramona Sawatzky | Chair | Board Email: bod@nechee.org | |
| Keith Singleton | Vice Chair | | |
| Brandy Armer | Secretary/Treasurer | | |
| Marlene Elder | Board Member | | |

Vision Statement

To improve the quality of life for Indigenous People living in an urban environment by supporting self-determined activities which encourage equal access to and participation in Canadian Society and which respects Indigenous distinctiveness.