



# THE INDIGENOUS BAIL RESIDENCY AND BAIL VERIFICATION AND SUPERVISION PROGRAM

## JANUARY NEWSLETTER

### BOOZHOO AND WELCOME!

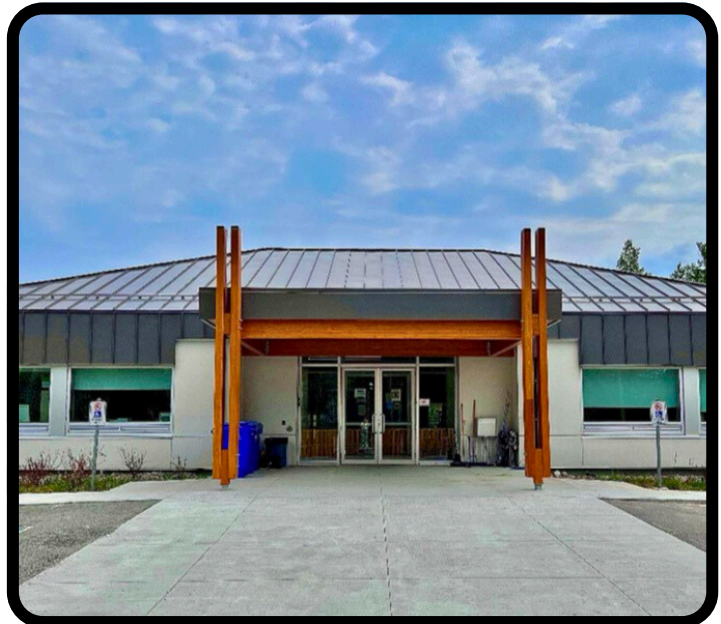
The Ne-Chee Friendship Centre's Indigenous Bail Residency Program and Bail Verification & Supervision Program offers both supervision and residential services to those involved in the bail process. The supervision component advocates and assists clients through the court process and monitors the conditions set for clients to assist in their compliance to their bail conditions.

#### Mission Statement

The Bail Residency Program's focus is to provide culturally appropriate services, daily programming, mental health supports, housing, meals, and enhanced supervision. The Bail Residency Program aims to reduce recidivism by allowing the individual involved the opportunity to rehabilitate themselves.

#### Vision Statement

Strive to meet the needs of eligible individuals who lack the social, financial, and personal supports to meet their bail requirements.



### WHAT WE OFFER:

- Bail services- assist individuals awaiting trial that have alleged charges and support them in their reintegration plan
- 24/7 staffed secure and rehabilitative facility
- Daily programming, life skills, health services; referrals for mental health and addictions services.
- On-site 24/7 case management and support services.
- Links to internal programs, community programs and supporting clients in returning home

### ANDUHYAUN - HOME



A few years back, the Bail Residency Program celebrated a naming ceremony, which unveiled its new name: Anduhyaun, which means "home."

This name carries a deep cultural significance, and represents a place of safety, belonging and community. The name reflects our programs mission to provide a safe and supportive, space for those navigating the justice system. "Anduhyaun" is often used to symbolize a nurturing environment where individuals can heal, grow, and reclaim their futures. We are honoured that this month, we were able to have the name "Anduhyaun" installed on our building, serving a visible reminder of its purpose



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### JANUARY RECAP: A FRESH START TO THE YEAR!

As we kicked off the New Year, January was full of exciting initiatives & meaningful moments with the residents and staff combined. From program planning to reconnecting after the holiday season, we have been busy setting the tone for a successful year ahead!

### SOME HIGHLIGHTS AND ACTIVITIES FROM THE MONTH

- Wellness & Nature Walks
- Resident facilitated Sharing Circles
- Employment workshops- Resume & cover letter building- facilitated by the Ne-Chee Friendship Centre Employment Program
- Kizhaay ("Im a Kind Man") programming facilitated by the Ne-Chee Friendship Centre Kizhaay Anishinaabe Niin Program Coordinator
- Pool tournaments
- Floor hockey
- Music/instrument sessions
- Wood harvesting facilitated by our Bail Coordinator
- In house "AA- Sharing & Caring" every weekend
- On site Mental Health & Addiction Counselling sessions through the Lake of the Woods District Hospital



### WE WENT DOG SLEDDING!

Collaborating with the Indigenous Student Success Program, our residents were able to participate in an unforgettable experience- dog sledding! They got to meet amazing sled dogs (and puppies!), learn about the sport, and even take a ride. The excitement, laughter and connection with the dogs made for a truly special day. Thank you to Becky, Education Counsellor, and Rob, Kizhaay Coordinator, for allowing for our program to join in on such a special & memorable event!

### RESIDENT & STAFF EVENT- BOWLING!

This was our most popular event to date! This month, the Bail Residency Program staff, management, and residents came together and attended The Cave Bowling Alley for a fun filled outing. Cheering echoed through the lanes with every "strike" and there was no shortage of laughter. It was the perfect opportunity to spend time together as a program outside of our usual routines. The time shared this day truly highlighted the importance of community, and we are already looking forward to the next chance to spend this kind of time together!



### RESIDENT BIRTHDAYS!

Every month, the Bail Residency Program celebrates residents with birthdays by gathering everyone together to enjoy cake and sing "Happy Birthday." We do this to make our residents feel special, understanding how challenging it can be to celebrate birthdays away from home. Its our way of bringing a little extra joy & warmth to their day, while ensuring they know they are valued

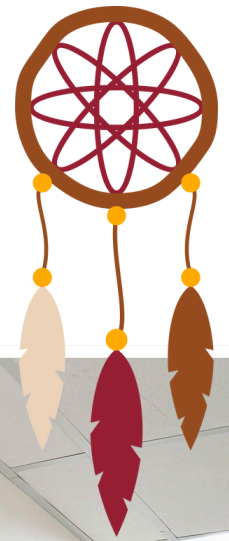


### WELLNESS & NATURE WALKS

The Bail Residency Program believes in the power of fresh air and movement, which is why we make time for regular wellness walks. These walks provide an opportunity for residents and staff to get outside together to boost their physical and mental wellbeing. Whether it be a walk through Vernon Trails or just down the road, getting outdoors helps reduce stress, improve your mood and foster a sense of connection with eachother. By encouraging time spent outdoors, we are promoting overall health and creating a positive environment for everyone!

# SUCCESS STORY

## OF THE MONTH



### Ryan Shingoose!

As Ryan completes his time with the Bail Residency Program, we want to take a moment to recognize his profound impact on everyone he has come into contact with. Ryan has been more than just a program participant. He has been a knowledge keeper, a mentor, and a teacher. Through his dedication to sharing about the Indigenous Culture, he has educated fellow residents, staff and partner programs, fostering a deeper understanding of traditions, resilience and community healing.

As Ryan steps forward into new opportunities, we know he will continue to inspire and uplift others. Whether it be through education, advocacy, or leadership; his voice & wisdom will remain a powerful force for change. It has been an absolute pleasure having Ryan as part of our program, and his teachings will leave a lasting mark on us all. We look forward to seeing what the future holds for Ryan and wish him all the best on his journey that we have been honoured to be apart of!

**Kylie Neniska- Indigenous Bail Residency and Bail Verification & Supervision Program Manager (On behalf of the entire BRP and BVSP Team)**



## RYANS EXPERIENCE

I had an eventful, liberating experience and was ultimately welcomed warmly into the Bail Residency Program. The individual process of becoming a better person in life is promoted daily. The biggest challenges I found during my time here, was not of the program itself, but of the court ordered stipulations. The Bail Residency Program was very accommodating when it came to outings with staff members and other programs utilized and incorporated into the program, which expanded the positive growth.

While in this program, I gained a lot of positive relationships that are wholesome. The “Kind Man” Program Certification was attained by me while residing at the bail residency, and I was able to help at ceremonies in the community. I also celebrated my 42nd birthday with cake and sober positive people.

I can’t say that just one staff member helped in my process to success. The whole staff and team helped me a great deal in steering me clear of any problematic situations in my life journey. The case management staff allowed me to exceed through ceremony gatherings that ultimately led to positive employment in the community

I would recommend the Bail Residency Program to anyone who found themselves in a similar situation as me. The situations in life are ultimately the ones we make as individuals whether bad or good. The program itself allows a person to take initiative and change, with their help.

“No one says you can’t.”