

# The Red Eagle

Ne-Chee Friendship Centre Newsletter

*Serving Indigenous people in the City of Kenora for over 50 Years”*

## In This Issue

- ◆ Celebrating 50 years pg. 2
- ◆ Program Spotlight pg.3
- ◆ Things to Remember pg. 4
- ◆ In the Kitchen pg. 5
- ◆ Student Success Program pg. 6
- ◆ Red Dress Day Activities pg. 7
- ◆ Moose Hide Campaign pg. 8
- ◆ EarlyON Program pg. 9
- ◆ Volunteer Fair pg. 10
- ◆ YLP Sign Up pg. 11
- ◆ Canada Day Closure pg. 12
- ◆ Ne-Chee AGM pg. 13
- ◆ Coloring Page p. 14
- ◆ Staff Directory p. 15/16



Tel:(807)468-5440

Fax:(807)468-5340

Email: [reception@nechee.org](mailto:reception@nechee.org)

Website: [www.nechee.org](http://www.nechee.org)

326 2nd St. South, Kenora, ON P9N 1G5

## National Indigenous Peoples Day

June 21



**National Indigenous Peoples Day takes place on the summer solstice, June 21st**, the longest day of the year. For generations, many First Nations, Inuit, and Métis communities have celebrated their cultures, languages, and traditions at this time of year. The summer solstice holds deep spiritual and cultural significance for many Indigenous Peoples, marking a time of renewal, connection, and celebration.

In **1996**, Governor General Roméo Le-Blanc declared **June 21** of each year as "National Aboriginal Day." This was the result of consultations and statements of support for such a day made by various Indigenous groups. In **1982**, the National Indian Brotherhood, now the Assembly of First Nations, called for the creation of National Aboriginal Solidarity Day. In **1995**, the Sacred Assembly, a national conference of Indigenous and non-Indigenous people chaired by Elijah Harper, called for a national holiday to celebrate the contributions of Indigenous Peoples. In 1995, the Royal Commission on Aboriginal Peoples recommended the designation of a National First Peoples Day. On June 21, **2017**, the Prime Minister issued a statement announcing the intention to rename this day "**National Indigenous Peoples Day.**"

Don't forget to join us June 6th anytime between Noon to  
6:00 pm

Come Celebrate Ne-Chee's 50th Anniversary

# 50 YEARS OF FRIENDSHIP

Please join us at our 50th Anniversary/Open  
House Celebration

Saturday June 6, 2026

12PM to 6PM



Special Gift for the First 200 guests

Draws

Food

Entertainment

Door Prizes



Program Information

Interactive Displays

Ne-Chee Friendship Centre  
300 McClellan Ave (Former Legion)  
Access through the Matheson Street Door



Ne-Chee Friendship Centre



# PROGRAM SPOTLIGHT

## Community Circle of Care Case Management



Working out of the Ga Naa Na Ga Da Waa Ba Dang – Kenora Justice Centre, our Circle of Care team will work with eligible Justice Centre youth participants, providing support and case management focused on restoration and healing, using a trauma-informed approach.

Youth/Young adults will be assigned a case manager at their first appearance. Wellness intakes will be conducted to build trusted rapport and open communication pathways. During court proceedings the youth/young adult will have a holistic discussion with input from elders and traditional knowledge advisors to develop a care plan suited to the individual.

The Circle of Care team will create care plans tailored to the youth/young adult, aiming to address the underlying root cause that had brought them into the Criminal Justice system, while identifying healing and wellness goals.

With this approach, the Kenora Justice Centre increases referrals to existing Indigenous Restorative Justice and Diversion programs, reducing bail and remand populations.

The Circle of Care Team can support individuals through a range of essential services to foster growth and learning with

- ◆ Cultural Connections
- ◆ Accessibility, Language and Developmental needs
- ◆ Practical supports
- ◆ Housing
- ◆ Mental Health and Addiction
- ◆ Medical Concerns
- ◆ Educational Supports
- ◆ Employment searches

# DID YOU KNOW

The Ne-Chee Friendship Centre offices will be closed on Thursday, June 18th, 2026. While the physical office at 326 2nd Street South is closed, staff members will remain on duty. They will be off-site at the Kenora Chiefs Advisory (KCA) Youth and Family Wellness Camp to support their National Indigenous Peoples (NIP) Day events. Ne-Chee will be closed Friday June 19th in recognition of National Indigenous People's Day, Sunday June 21st, 2026. Offices will re-open Monday June 22nd, 2026 at 9:00am.

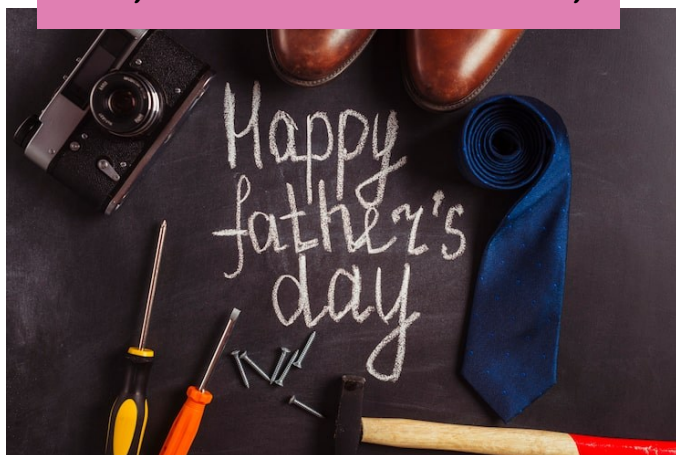
Ne-Chee Friendship Centre will be closed Wednesday July 1st, 2026 in recognition of Canada Day. Offices will re-open Thursday July 2nd at 9:00 am. We apologize for any inconvenience this may cause. Management and Staff would like to wish everyone a happy Canada Day



June is Pride Month



Sunday June 21st 2026 is Father's Day



All Service animals are welcome at Ne-Chee Friendship Centre.



# In The Kitchen



## Cheesy Beef Skillet Dinner

Prep Time: 10 Min

Cook Time: 30 Min

Total Time: 40 Min

Serves 6

[cookingwithcampbells.ca](http://cookingwithcampbells.ca)

### INGREDIENTS:

1TBSP Canola Oil  
1lb Lean ground Beef  
1tbsp Steak Spice  
1 Onion, Chopped  
1 Green Pepper, Chopped  
2C Button Mushrooms, sliced  
1 Can Diced Tomatoes  
1 Can Cream of Mushroom Soup  
1 TBSP Dijon Mustard  
2C Elbow Macaroni, cooked to al dente and drained  
3C Aged Cheddar Cheese, Shredded and Divided  
1/4 C Green onion, chopped

### INSTRUCTIONS:

1. Heat oil in a large, nonstick skillet set over medium-high heat. Cook ground beef, season with steak spice. Cook, breaking up into small pieces, for 5-7 minutes or until browned. Add onion, green pepper and mushrooms. Cook, stirring occasionally, for 5-7 minutes or until vegetables are tender crisp.
2. Stir in tomatoes, soup and mustard. Reduce heat to medium-low. Simmer for 5 minutes or until slightly thickened. Stir in cooked macaroni and 1-Cup of cheese until well combined.
3. Sprinkle the top with remaining cheese and green onion. Cover and remove from heat. Let stand for 5 minutes or until cheese is melted.

# Indigenous Student Success Program



Staff and students made Seal skin owls with help from a knowledge keeper, through Connected North.



# Red Dress Day Event

May 5, 2026

**"A heartfelt thank you to our partners, collaborators, and the community. Your support and participation made this event possible. Together, we continue to raise awareness and honour Missing and Murdered Indigenous Women, Girls, and Two-Spirit People."**



# MOOSE HIDE CAMPAIGN MAY 14, 2026



The Moose Hide Campaign is an Indigenous Grass roots movement of Men, boys, and all Canadians who stand against violence towards women and children.



shutterstock.com • 2589125387

## EarlyON

Below are some photos of last weeks prenatal/postnatal kitchen.



Have you ever considered joining prenatal/post-natal kitchen but aren't sure what to expect?


Prenatal/postnatal kitchen is a great opportunity for parents/guardians to cook and take home a nutritious meal! You'll be working alongside other families, using teamwork to create a meal together. While you're cooking, you can rely on our Indigenous EarlyON Coordinator to provide care for your infant!



Are you a youth between 13-29 years old? Reach out to Ashley to join the Youth Life Promotion Program.

# YLP YOUTH LIFE PROMOTION

**01**



## Eligibility


Open to Urban Indigenous youth in the Kenora area

For Youth aged 13- 29 years


**02**

## Our Services

- 1- Land Based Programming
- 2- Culturally Relevant Activities
- 3 - Leadership Skills
- 4 - Program Integration




**03**



## Contact

If interested in The Youth Life Promotion Program, please contact Ashley @ 807-464-0386



Ne-Chee Friendship Centre



Ne-Chee Friendship Centre

**Ne-Chee Friendship Centre will be Closed Wednesday July 1st, 2026 in recognition of Canada Day. Offices will re-open July 2nd at 9:00 am. We apologize for any inconvenience this may cause. Management and staff wish you a happy and safe holiday.**



# Ne-Chee Friendship Centre

## ANNUAL GENERAL MEETING

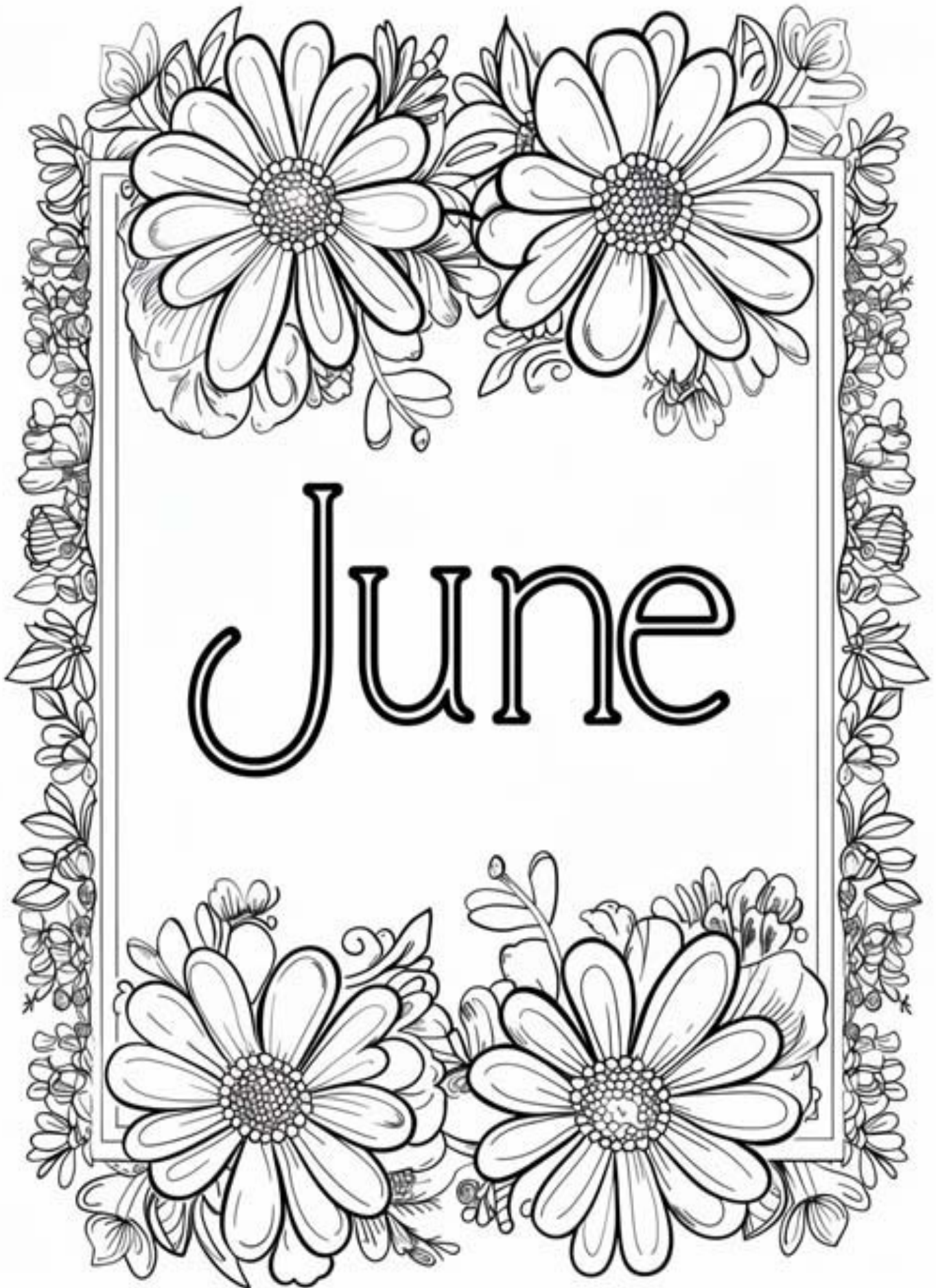
If interested in becoming a member please email [aces@nechee.org](mailto:aces@nechee.org) to request a membership form.

- In order to have voting rights at the AGM, membership needs to be approved 30 days in advance
- You must reside off reserve and live in Kenora or surrounding area to be a member – copy of By-Laws available upon request

**JUNE 22, 2026 @ 5:00 PM**  
326 Second Street South  
Door beside the Movie Theatre



For more information please email: [aces @nechee.org](mailto:aces@nechee.org)



# Staff Directory



## COURT WORKERS Courthouse # 807-468-9657

Brianna	Criminal Court worker	criminalcourtwork@nechee.org	
Elaine	Criminal Court worker	criminalcourtwork2@nechee.org	

## JUSTICE PROGRAMS NFC # 807-468-5440

Trish	Indigenous Community Justice	communityjustice@nechee.org (807) 464-4371	Ext. 245
<b>VACANT</b>	Kizhaay Anishinaabe Niin Coordinator	kizhaayniin@nechee.org	
Jennifer	Wewena Ngiiwewinaa	homesafely@nechee.org (807) 456-3064	
Jessica	Case Manager at Kenora Justice Centre	casemanagerKJC@nechee.org cell (807) 464-5849 or (807) 470-8222	
Elizabeth (On Leave)	Lead of Circle of Care Community Training and Resources Services	casemanagerKJC2@nechee.org cell (807) 456-2754 or (807) 470-8222	

## HEALTH PROGRAMS NFC # 807-468-5440

Carolyn	Lifelong Care Program	lifelongcare@nechee.org (807) 407-1443	Ext. 228
Tamsen	Lifelong Care Program	lifelongcare2@nechee.org (807) 407-1442	Ext. 227
<b>VACANT</b>	Mental Health & Addictions Program	mhaddictions@nechee.org	Ext. 253
<b>VACANT</b>	Peer support Worker for Mental Health & Addictions Program	peersupport@nechee.org	
Abbie	Indigenous Healing & Wellness Program	healingandwellness@nechee.org	Ext. 226
Dennise—Start Date June 22nd	Cultural Resource Program	cultural@nechee.org	Ext. 225
Kim	Urban Aboriginal Healthy Living	kim.mahon@nechee.org (807) 407-2772	

## EMPLOYMENT and EDUCATION NFC # 807-468-5440

Dorothy	Indigenous Employment & Training Serv.	employmentcounsellor@nechee.org	Ext. 248
Natalie	Indigenous Employment & Training Serv.	employmentcounsellor2@nechee.org	Ext. 247
Becky	Indigenous Student Success Program	education@nechee.org (807) 464-2163	

## OUR VISION

To Strengthen and support the lives of Indigenous People living in Kenora, by building a resilient, connected and culturally enriched community.

For information on Ne-Chee Friendship Centre Programs please visit our website at [www.nechee.org](http://www.nechee.org)

# Staff Directory



## CHILDREN and YOUTH PROGRAMS NFC # 807-468-5440

Rachel	Akwe:go Children's Program	akwego.wn@nechee.org (807) 464-0482	Ext. 239
Savannah	Family Support Program Coordinator	familysupport@nechee.org	Ext. 236
<b>VACANT</b>	EarlyON Sioux Narrows/Nestor Falls	earlyonsn@nechee.org	
Isabella	Indigenous EarlyON Kenora Program	earlyon@nechee.org	Ext. 240
Ashlynn	Indigenous Healthy Babies Program	healthybabies@nechee.org	Ext. 237
Rachel	Wasa-Nabin Youth Program	akwego.wn@nechee.org (807) 464-0482	Ext. 239
Ashley	Youth Life Promotion	ashley.reid@nechee.org (807) 464-0386	Ext. 246

## ADMINISTRATION NFC # 807-468-5440

Patti	Executive Director	aces@nechee.org (807) 407-2482	
Brianna	Office Manager	hr@nechee.org (807) 464-1394	Ext. 222
Aurea	Finance	finance@nechee.org	Ext. 224
Crystal	Office Administrator/Reception	reception@nechee.org	Ext. 221

## NFC BOARD OF DIRECTORS

Ramona	Chair		
Diane	Vice Chair		
Brandy	Secretary/Treasurer		
Marlene	Board Member		

To contact the Board of Directors - Mail or drop off your letter to 326 Second Street South, Kenora, ON P9N 1G5. Please put to the "Attention of: NFC Board of Directors"

For NFC Job postings please see our Website at [www.nechee.org](http://www.nechee.org)

## Our Mission

Ne-Chee Friendship Centre will provide a safe, caring and culturally respectful approach to wholistic health while inspiring a sense of community for all Indigenous People of Kenora.